

VIKING SPEED AND FITNESS FOOTBALL CAMP

The Viking Football Staff would like to invite you to attend our Speed and Fitness Camp. It will be open to all male students in the 5th – 8th grade. The camp will focus on basic physical fitness, flexibility, and speed training. The camp will run from 11am to 12:30pm. A calendar of the days the camp will be open is included in this packet.

Cost: \$50 a student

For any further information please call: Coach David – 918-490-3565

Student Name : _____ **Grade:** _____

Parent Name: _____ **Cell#:** _____

Parent Name: _____ **Cell#:** _____

Emergency Contact Other than Parents: _____ **Cell#** _____

Please make Checks payable to Thomas David